

# January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1/4 Breakfast: eggstravaganza &amp; pancake OR cereal &amp; eggstravaganza, applesauce, juice, milk</p> <p>Lunch: Rattlesnake bowl w/tostitos OR Bosco sticks, peaches, carrots &amp; celery, milk</p>	<p>1/5 Breakfast: Sausage on a stick OR scrambled egg and cereal, fruit, juice, milk</p> <p>Lunch: Chicken Smackers w/bread OR corn dog, fruits, mashed potatoes w/gravy, green beans, milk Salad bar w/milk</p>	<p>1/6 Breakfast: biscuit and gravy w/hashbrown OR cereal &amp; hashbrown, peaches, juice, milk</p> <p>Lunch: Taco w/cheese OR hamburger/cheeseburger, lettuce, tomatoes, refried or black beans, milk</p>	<p>1/7 Breakfast: Cinnamon roll w/sausage patty OR sausage patty w/cereal, fruit, juice, milk</p> <p>Lunch: Sausage, egg w/pancakes OR hot dog, fruit, steamed broccoli, hash browns, milk Salad bar w/milk</p>	<p>1/8 Breakfast: French toast stick OR cereal &amp; toast, mixed fruit, juice, milk</p> <p>Lunch: Pepperoni calzone OR chicken patty sandwich, mixed fruit, cucumber slices, mini carrots, graham cookies, milk</p>
<p>1/11 Breakfast: muffin w/cheese stick OR cereal and cheese stick, pears, juice, milk</p> <p>Lunch: Ocean treats fish w/bread OR Bosco sticks, peaches, baked beans, steamed cauliflower, chocolate chip cookie, milk</p>	<p>1/12 Breakfast: Skillet Frittata w/toast OR cereal and toast, applesauce, juice, milk</p> <p>Lunch: Pepperoni pizza OR Corn dog, fruit, steamed broccoli, corn, milk OR Salad Bar w/milk</p>	<p>1/13 Breakfast: Sausage, egg &amp; toast, OR cereal and egg, peaches, juice, milk</p> <p>Lunch: Breaded pork chop w/bread OR hamburger/cheeseburger, diced pears, mashed potatoes, green beans, milk</p>	<p>1/14 Breakfast: Breakfast pizza OR cereal &amp; toast, fruit, juice, milk</p> <p>Lunch: Chicken nuggets w/bread OR hotdog, fruit, salad mix, cinnamon swirl cake, milk OR Salad Bar w/milk</p>	<p>1/15 Breakfast: Dutch Waffle w/sausage link OR cereal &amp; sausage links, mixed fruit, juice, milk</p> <p>Lunch: Chicken Alfredo OR chicken patty sandwich, mixed fruit, carrots, stop light peppers, Rice Krispies Mini, milk</p>
<p><i>I Have A Dream</i></p>  <p><i>Martin Luther King, Jr. Day</i></p>	<p>1/19 Breakfast: Sausage on a stick OR scrambled egg and cereal, fruit, juice, milk</p> <p>Lunch: Beefy Nacho Scoops OR Bosco sticks, pears, lettuce, salsa, refried beans, pudding, milk OR Salad bar w/milk</p>	<p>1/20 Breakfast: biscuit and gravy w/hashbrown OR cereal &amp; hashbrown, peaches, juice, milk</p> <p>Lunch: Bosco stuffed crust pizza OR corn dog, fruit, carrots, celery, milk</p>	<p>1/21 Breakfast: Cinnamon roll w/sausage patty OR sausage patty w/cereal, fruit, juice, milk</p> <p>Lunch: Country fried steak w/biscuit OR Hamburger/cheeseburger, applesauce, mashed potatoes, green beans, milk OR Salad bar w/milk</p>	<p>1/22 Breakfast: French toast stick OR cereal &amp; toast, mixed fruit, juice, milk</p> <p>Lunch: Sausage &amp; egg w/dutch waffle OR chicken patty sandwich, mixed fruit, cauliflower, cucumber slices, Rice Krispie mini, milk</p>
<p>1/25 Breakfast: muffin w/cheese stick OR cereal and cheese stick, pears, juice, milk</p> <p>Lunch: Chili soup w/sandwich OR Bosco sticks, peaches, mini carrots, cucumber slices, milk</p>	<p>1/26 Breakfast: Skillet Frittata w/toast OR cereal and toast, applesauce, juice, milk</p> <p>Lunch: Chicken smackers w/mac n cheese OR ocean treats w/mac n cheese, bread, fruit, corn, steam cauliflower, milk OR Salad bar w/milk</p>	<p>1/27 Breakfast: Sausage, egg &amp; toast, OR cereal and egg, peaches, juice, milk</p> <p>Lunch: Fried chicken leg w/slice bread OR hamburger/cheeseburger, pears, baked beans, stop light peppers, cinnamon swirl cake, milk</p>	<p>1/28 Breakfast: Breakfast pizza OR toast &amp; cereal, peaches, juice, milk</p> <p>Lunch: Pizza, OR hot dog, fruit, broccoli, mini carrots, milk OR Salad bar w/milk</p>	<p>1/29 Breakfast: Dutch Waffle w/sausage link OR cereal &amp; sausage links, mixed fruit, juice, milk</p> <p>Lunch: Nacho Grande Chicken OR chicken patty sandwich, mixed fruit, lettuce, diced tomatoes, ice cream treat, milk</p>
<p><b><i>Currently, students can receive a free breakfast and a free lunch every day as long as USDA funding continues!</i></b></p>		 <p style="font-size: small;">phillipmartin.info</p>		<p><i>Breakfast and Lunch are Offer vs Serve which means your child may choose 3 or 4 of the 4 items offered for breakfast and 3, 4 or 5 of 5 items offered for lunch. They must choose 1/2 cup of fruit or vegetable with each meal. Breakfast is served everyday starting around 7:35am</i></p>