

November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>11/2 Breakfast: muffin w/cheese stick OR cereal and cheese stick, pears, juice, milk</p> <p>Lunch: Chili Soup w/ ½ sandwich & crackers OR chicken patty sandwich, peaches, mini carrots & cucumbers,, milk</p>	<p>11/3 Breakfast: Skillet Frittata w/toast OR cereal and toast, fruit, juice, milk</p> <p>Lunch: Chicken Smackers & mac n cheese w/bread, OR hot dog, fruit, corn, steamed cauliflower, milk OR Salad Bar w/milk</p>	<p>11/4 Breakfast: Sausage, egg & toast, OR cereal and egg, peaches, juice, milk</p> <p>Lunch: Breaded pork chop w/bread OR chicken nuggets, pears, baked beans, stoplight peppers, cinnamon swirl cake, milk</p>	<p>11/5 Breakfast: Breakfast pizza OR cereal & toast, fruit, juice, milk</p> <p>Lunch: Personal pan pizza OR hot dog, fruit, broccoli, mini carrots, milk</p> <p>OR Salad Bar w/milk</p>	<p>11/6 Breakfast: Dutch Waffle w/sausage link OR cereal & sausage links, mixed fruit, juice, milk</p> <p>Lunch: Spaghetti w/breadstick OR chicken patty sandwich, mixed fruit, peas, veggies, ice cream, milk</p>
<p>11/9 Breakfast: eggstravaganza & pancakes OR cereal & eggstravaganza, applesauce, juice, milk</p> <p>Lunch: Chicken on a Beach w/tostitos OR sub sandwich, cinnamon apples, salad, carrot/diced tomatoes, milk</p>	<p>11/10 Breakfast: Sausage on a stick OR scrambled egg and cereal, fruit, juice, milk</p> <p>Lunch: Sausage, egg & dutch waffle or Bosco stick, fruit, sweet potato fries, steamed cauliflower, milk Salad bar w/milk</p>	<p>11/11 Breakfast: biscuit and gravy w/hashbrown OR cereal & hashbrown, peaches, juice, milk</p> <p>Lunch: Salisbury steak w/gravy & biscuit OR fish sandwich, pineapple, mashed potatoes, green beans, milk</p>	<p>11/12 Breakfast: Cinnamon roll w/sausage patty OR sausage patty w/cereal, fruit, juice, milk</p> <p>Lunch: BBQ pulled pork on bun OR sub sandwich, fruit, baked beans, sliced cucumbers, cupcake, milk Salad bar w/milk</p>	<p>11/13 Breakfast: French toast stick OR cereal & toast, mixed fruit, juice, milk</p> <p>Lunch: Chicken parmesan w/noodles and bread OR Bosco sticks w/dipping sauce, mixed fruit, mini carrots, Rice Krispie mini, milk</p>
<p>11/16 Breakfast: muffin w/cheese stick OR cereal and cheese stick, pears, juice, milk</p> <p>Lunch: Rattlesnake bowl w/tostitos OR cheezy breadsticks, peaches, carrots & celery, milk</p>	<p>11/17 Breakfast: Skillet Frittata w/toast OR cereal and toast, fruit, juice, milk</p> <p>Lunch: Chicken Smackers w/bread OR corn dog, fruits, sweet potato fries, corn, fudge bar, milk Salad bar w/milk where available</p>	<p>11/18 Breakfast: Sausage, egg & toast, OR cereal and egg, peaches, juice, milk</p> <p>Lunch: Taco w/cheese on Frito corn chips OR rib patty sandwich, pears, lettuce, diced tomatoes, refried or black beans, milk</p>	<p>11/19 Breakfast: Breakfast pizza OR toast & cereal, peaches, juice, milk</p> <p>Lunch: Sausage, egg w/pancakes OR cheezy breadstick, fruit, steamed broccoli, hash browns, milk Salad bar w/milk where available</p>	<p>11/20 Breakfast: Dutch Waffle w/sausage link OR cereal & sausage links, mixed fruit, juice, milk</p> <p>Lunch: Meatloaf w/roll, corn dog, mixed fruit, mashed potatoes, green beans, graham cookies, milk</p>
<p>11/23 Breakfast: scrambled eggstravaganza & pancakes OR cereal & eggstravaganza, applesauce, juice, milk</p> <p>Lunch: Turkey w/gravy and roll OR hot dog, peaches, mashed potatoes, green beans, cinnamon swirl cake, milk</p>	<p>11/24 Breakfast: Sausage on a stick OR scrambled egg and cereal, fruit, juice, milk</p> <p>Lunch: Pepperoni Pizza OR hot dog, pears, cauliflower & carrots, milk Salad Bar w/milk where available</p>			
<p>11/30 Breakfast: muffin w/cheese stick OR cereal and cheese stick, pears, juice, milk</p> <p>Lunch: Beefy Nacho Scoops OR quesadilla, pears, lettuce, salsa, refried beans, pudding, milk</p>				<p><i>Breakfast and Lunch are Offer vs Serve which means your child may choose 3 or 4 of the 4 items offered for breakfast and 3, 4 or 5 of 5 items offered for lunch. They must choose 1/2 cup of fruit or vegetable with each meal. Breakfast is served everyday starting around 7:35am</i></p>